



Sacred Heart
RE Newsletter
Spring Term 2026

Dear Parents,

Welcome back to the New Year.

On 6th January, the doors of the basilica in Rome were closed to mark the end of the Year of Hope. This does not mean that our work of being pilgrims of hope ends, rather, it is strengthened by our school pledge :

Ensuring Sacred Heart Catholic Primary School promotes sustainability and becomes more environmentally aware, building on our Green Flag Status. We will do this by:

- reducing use of plastics
- reducing paper
- reducing energy use in the school
- holding an energy free day each term
- creating an environment which supports wildlife
- informing our community of the importance of being a steward of creation
- half termly focus on prayer and reflection on our role of stewards of creation

We begin this term full of the joy of the Christmas season which ends for us at the celebration of the Baptism of Jesus on 12th January. On the 2nd February we celebrate the feast of the Presentation of the Lord (Candlemas) when Jesus is recognised as ‘The Light of the World’. We must also remember that each one of us is called to be a ‘light’, an inspiration to those around us.

In this issue of the newsletter, you will find what your child is learning about in each year group. We hope you find this newsletter of interest and as always, please keep us in your prayers as we continue to support your children in their religious education.

In addition to our lessons, the children will be focusing on two aspects of Catholic Social Teaching. The pupils will be using resources from CARITAS (Rooted in Love) to focus on:

- Solidarity *and* Peace
- Community *and* Participation.

Dates from the Church’s Calendar

Jan 6	The Epiphany of the Lord	March 8	3rd Sunday of Lent
Jan 11	The Baptism of the Lord	March 19	St Joseph
Jan 28	St Thomas Aquinas	March 22	5th Sunday of Lent
Jan 31	St John Bosco,	March 25	The Annunciation of the Lord
Feb 2	The Presentation of the Lord	March 29	Palm Sunday
Feb 18	Ash Wednesday	April 2	Maundy Thursday
Feb 22	1st Sunday of Lent	April 3	Good Friday
March 1	2nd Sunday of Lent	April 5	Easter Sunday

School Worship

January	Cycle A The Holy Name of Jesus
February	Lent
March	Lent

School Spiritual Dates

Jan 6th – Whole School Mass

March- Reconciliations

March 18th Seder Meal- Years 3&4

March 19th – Stations of the Cross- Years 5&6

March 24th Easter Plays- Years 3&4

March 25th – Easter Liturgy- Reception, Year 1 &2

All Year groups will be following the new Religious Education Directory, [To Know You More Clearly](#). This term's focus is:

Branch Three: Galilee to Jerusalem



“God’s only Son, who is at the Father’s side, has made him known’ (Jn 1:18). In this branch, pupils will experience the ministry of Jesus, the Word of God. They will learn about the life of Jesus and his revelation of the Kingdom of God through parables, encounters, miracles, and teachings. They will learn about the call of the disciples and the nature of being a follower of Jesus.

Reception Galilee to Jerusalem

HEAR	BELIEVE pupils will know that the Church teaches	CELEBRATE pupils will know	LIVE pupils will know
The visit of the Magi (Matt 2:1-12). Jesus blesses the little children (Mk 10:13-16). Feeding of 5000 (Jn 6:1-14). Jesus was born for everyone.	The Magi visited Jesus with gifts. Jesus is God’s Son and came for everyone. Jesus’ birth is celebrated at Christmas. Jesus came to show God’s love and welcomes everyone. Jesus takes care of everyone.	The Glory Be is a special prayer. That the Church prays the ‘Glory Be’ as a response to the coming of Jesus	Show love to everyone like Jesus. We welcome and show love to everyone in our words and actions as Jesus does. We are called to help the poor and hungry.

At home

You could help your children by:

- saying or sharing prayers together
- talk about people who help us e.g. nurses, doctors
- talk about how we can help others

Year 1 – Galilee to Jerusalem

HEAR Pupils will have encountered the following key texts	BELIEVE pupils will know that the Church teaches	CELEBRATE pupils will know	LIVE pupils will know
<ul style="list-style-type: none"> •The Presentation (Lk 2:22-38) •Finding in the temple and the hidden life (Lk 2:41-52) •Jesus announces his mission (Lk 4:16-22) •The call of the disciples (Lk 5:1-11) •Little children (Lk 18:15-17) •Zacchaeus (Lk 19:1-9) 	<ul style="list-style-type: none"> •Jesus grows up and reveals the love of the Father to us. •Some people that encounter Jesus recognise that he is the Son of God who has come to save all. •Jesus is the 'light to all nations'. 	<ul style="list-style-type: none"> •The Feast of the Presentation of Jesus is celebrated by Christians around the world and is known as Candlemas in Britain. 	<ul style="list-style-type: none"> •All Christians are called to follow Jesus and share the Good News with others. •Christians are called to take care of each other, especially those most in need, such as the poor.

Year 2 Galilee to Jerusalem

HEAR Pupils will have encountered the following key texts	BELIEVE pupils will know that the Church teaches	CELEBRATE pupils will know	LIVE pupils will know
<p>The preaching of John the Baptist (Lk 3:2-6, 10-17)</p> <p>Jesus is baptised (Lk 3:21-22)</p> <p>The Temptation in the wilderness & Jesus begins to preach (Lk 4: 1-15)</p> <p>Cure of a paralytic (Lk 5:17-26)</p> <p>The choice of the twelve (Lk 6:12-16)</p> <p>The calming of the storm (Lk 8:22-25)</p> <p>Parable of the lost sheep (Lk 15:4-7) For the Feast of the Epiphany</p> <p>Matt 2:1-12: The visit of the Magi</p>	<ul style="list-style-type: none"> •John the Baptist is a prophet who calls people back to God by encouraging them to say sorry. Baptism is a sign of forgiveness. •That when people make bad choices (sin), they turn away from God. Jesus teaches that God loves and forgives and that being sorry helps us to change and become better people. •Jesus' miracles are signs that show he is the promised one (Messiah). •Jesus' parables are simple comparisons that invite people to know more about God. •Jesus brings healing in different ways. 	<ul style="list-style-type: none"> •How water is used as a symbol of a new start in the Sacrament of Baptism. •How Catholics say sorry to God in prayers: <ul style="list-style-type: none"> •Act of Sorrow (Contrition) •Asking for forgiveness in the 'Our Father' 	<ul style="list-style-type: none"> •The importance of saying sorry to God and to others. •The importance of showing you are sorry, for example, through practical Acts of Penance.

Year 3 Galilee to Jerusalem

HEAR Pupils will have encountered the following key texts	BELIEVE pupils will know that the Church teaches	CELEBRATE pupils will know	LIVE pupils will know
Miracles, either: <ul style="list-style-type: none"> •Cure of the centurion’s servant (Matt 8:5-13) or •Cure of a paralytic (Matt 9:1-8) Parables, either: <ul style="list-style-type: none"> •Parable of the Sower (Matt 13:4-9) •Parable of the Sower explained (Matt 13:10-17) or Parable of the yeast (Matt 13:33) or • Parable of the treasure and of the pearl (Matt 13:44-46) For Epiphany: •The visit of the Magi (Matt 2:1-12) 	<ul style="list-style-type: none"> •The Adoration of the Magi shows that all people are seeking Jesus and he comes for the whole world. •The kingdom of God begins in all those who open their hearts to God’s love. •The miracles that Jesus worked expressed his love for all people and were signs that the kingdom of God was beginning. •Jesus’ parables to show the choices people must make to accept his invitation to the kingdom. 	<ul style="list-style-type: none"> •Praying the ‘Our Father’ helps Christians to continue to build the kingdom begun with Jesus. 	<ul style="list-style-type: none"> • About the life of a saint who worked to build the kingdom of God.151

Year 4 Galilee to Jerusalem

HEAR Pupils will have encountered the following key texts	BELIEVE pupils will know that the Church teaches	CELEBRATE pupils will know	LIVE pupils will know
<ul style="list-style-type: none"> •Peter’s mother-in-law and casting out devils (Matt 8:14-17) •Cure of the woman with a haemorrhage. The official’s daughter raised to life (Matt 9:18-26) or Cure of two blind men and cure of a demoniac (Matt 9:27-34) •The Baptist’s question (Matt 11:1-15) •Jesus walks on the water and, with him, Peter (Matt 14:22-33) •Peter’s profession of faith (Matt 16:13-26) • The importance of understanding historical context and cultural values at the time of the gospels 	<ul style="list-style-type: none"> •Jesus is the Messiah/Christ Jesus comes as a suffering servant, not a triumphant king. •Jesus is fully God and fully human. We call this belief the incarnation. •Jesus reveals the kind of messiah he is by showing that God’s Kingdom includes those who are excluded by society. •Jesus showed compassionate healing in mind and body through his ministry and continues to do so through His Body, the Church, especially in the sacraments, such as the Sacrament of Reconciliation and the Anointing of the Sick. 	<ul style="list-style-type: none"> •Why Catholics pray the Creed at Mass. •How Catholics experience God’s forgiveness in the Sacrament of Reconciliation and through it are reconciled with their community and how the Anointing of the Sick brings God’s strength to help those who are sick. 	<ul style="list-style-type: none"> •How the work of a person or organisation who has been inspired by Jesus, work with those marginalised by societal attitudes to illness (e.g., St Francis Leprosy Guild, St Damien of Molokai, Ruth Pfau, Catholics for AIDS prevention and Support (CAPS), Sr Julie Driscoll and the House of Ruth).

Year 5 Galilee to Jerusalem

HEAR Pupils will have encountered the following key texts	BELIEVE pupils will know that the Church teaches	CELEBRATE pupils will know	LIVE pupils will know
<ul style="list-style-type: none"> •The Beatitudes from the Sermon on the Mount (Matt 5:1-12) •Jesus summarises the law (the great commandment) (Matt 22:36-40, Lk 10:27) •A parable about living out Jesus' law (e.g., The Good Samaritan (Lk 10:25-37)) •The Transfiguration (Matt 17:1-13) •Our Father prayer (Matt 6:7-13) 	<ul style="list-style-type: none"> •The Beatitudes show the loving face of Christ. The Beatitudes describe how faithful Christians should aim to live their lives. •Christian hope and charity unfold from the Beatitudes as they show the path to a life in Christ. •The Our Father is the perfect prayer given to us by Jesus himself. It is composed of seven petitions. •At the Transfiguration Jesus revealed his divine glory. 	<ul style="list-style-type: none"> •A petition is a form of prayer. <ul style="list-style-type: none"> • The Our Father is the perfect prayer given to us by Jesus. •The theological virtues help Christians follow Jesus' great commandment. 	<ul style="list-style-type: none"> •That the virtues of faith, hope and love help Christians to live out the Beatitudes. •Examples of some artists who have imagined the Transfiguration.

Year 6 Galilee to Jerusalem

HEAR Pupils will have encountered the following key texts	BELIEVE pupils will know that the Church teaches	CELEBRATE pupils will know	LIVE pupils will know
<ul style="list-style-type: none"> •The Wedding at Cana (Jn 2:1-12) •Healing the official's son (Jn 4:46-54) •Healing the man at Bethesda (Jn 5:1-47) •Feeding the 5000 (Jn 6:1-4) •Walking on water (Jn 6:15-21) •Healing the Blind Man (Jn 9:1-41) •Raising of Lazarus (Jn 11:1-57) •'I am the bread of life' (Jn 6:35) or 'I am the Resurrection and the life' (Jn 11:25) 	<ul style="list-style-type: none"> •God inspired the authors of Sacred Scripture. •Scripture is understood literally and spiritually. •Mary prays and asks Jesus for help at Cana. •The Church has seven sacraments. The sacraments of initiation are baptism, confirmation, and Eucharist. The sacraments of healing are penance and anointing of the sick. The sacraments in service to Holy Communion are marriage and Holy Orders. •The purpose of sacraments is to help people grow more like Jesus, and through him become children of God. •The sacraments engage all the senses, not just intellect and are earthly signs of the presence of God, especially in the Eucharist. 	<ul style="list-style-type: none"> •The sacraments are meeting points with God that bring people into a closer relationship with God and the community of the Church. They are holy, visible signs of God's presence and action in the life of a Catholic. Through them Catholics experience the 'healing, forgiving, nourishing, strengthening, presence of God that enables them to love in turn' •Different representations in art or music of one of the signs from St John's gospel or one of the 'I am' statements studied. 	<ul style="list-style-type: none"> •How sacraments are celebrated in their local parish community and how these form part of the life of the local Church. •How their local parish community (Parish priest and laity) hand on the teaching of Jesus.

