



July 2025

What is FOSH?

Dear Parents,

FOSH would like to welcome you to Sacred Heart Catholic School, FOSH stands for Friends of Sacred Heart (also known as a PTA group). We are a registered charity run with the help and support of parents/carers and staff of Sacred Heart School.

All parents of children at the school automatically become members of FOSH, which exists to support and advance the education of all the pupils.

How do we support the children and the school?

FOSH meets at least once a term to discuss and arrange a mixture of social and fund-raising activities throughout the school. Some events we have had in the past include:

Christmas Fair
Cinema afternoon
Raffles – with some great prizes
Summer fair
Cake sales – after school
Dress down days - break the rules the day.
Second hand school uniform sales
Sports day – refreshments sold
Winter Ball
Summer BBQ

What has FOSH spent the money on

iPads
New School outside benches
New canopy to cover the outside space for Year 1
Easter egg hunt for the whole school
Books for the library
Scooter/bike rack
The School Altar
Gardening Equipment
Climbing wall

What can a new parent do?

By joining in the activities of the PTA you can find out more about how the school works and get to know other parents and staff at the school. You will also be enhancing the facilities, fundraising for extra resources and helping the pupils to receive a richer education. There's also a definite possibility of having fun and making new friends at the same time. Some members come regularly to meetings, others offer help for functions or bake cakes and



biscuits to sell, whilst others may make donations to appeals for **gratefully received.**

not have so much time to offer but raffle and tombola prizes. **All help is**

FOSH are always looking for new ideas and parents, grandparents or carers help and support at events, so if you can offer any time it would be much appreciated.

If you would like to get involved, please email us at: warefosh@gmail.com or speak to the school office.

Without new committee members our pta will have to close so it is important if you are interested please do get involved.

Easy ways to earn money for the school

Stamptastic

No need to iron or sew on name badges, order a name stamp from Stamptastic (highly recommended) and use this link for the school to receive some money back
https://stamptastic.co.uk/pages/school-welcome#a_aid=5b0f09481ee9b

Easyfundraising

As many of us shop online, we have registered the school on Easyfundraising so please create a log on password and install the app on your tablet or smartphone and start collecting money for our school while you are shopping as normal. It won't cost you any extra! Instructions attached.

Bag2school - <https://bag2school.com/>

Donate your unwanted clothes to the school. These are picked up on an agreed date and FOSH receive money in relation to the overall weight of the clothes collected.

Amazon Smile

Shop with AmazonSmile and they will donate a percentage of the sale at no extra cost to you.? Shop at smile.amazon.co.uk and choose Sacred Heart, Ware (FOSH).

Sponsored event

We have previously had parents competing in fun events and raising sponsorship money for FOSH. FOSH would welcome all the support you can give, so if you are thinking of holding a sponsored event then please speak to a member of FOSH.

Gift Aid and Just Giving

Under the Gift Aid scheme, charities can reclaim an extra 25% in tax on every eligible donation by a UK taxpayer.

Unfortunately, charities often miss out on this extra income because it is too expensive to process the paperwork on small donations. We use JustGiving, as this solves the problem by automating the process of Gift Aid reclaim so that every donation is worth more, and costs less to administer, for our charity. JustGiving processes have been audited and approved by HMRC.



What do I have to do?

When you donate, you will be asked to confirm whether or not you are a UK taxpayer. Please note that tax can only be reclaimed on donations made by individuals who pay UK income or capital gains tax at least equal to the amount reclaimed on their donations in the current tax year.

Your JustGiving account helps you claim tax relief by keeping an accurate record of your donations. Simply print out a copy of your donation history and attach it to your tax return.

Company match giving

Do you work for one of these companies?

3i	Credit Suisse First Boston
3i Deutschland GmbH	
Abbey National plc	De La Rue
ABN Amro Bank	Deloitte Consulting
Accenture	Deutsche Bank
Alliance & Leicester plc	DHL
Alliance Capital Ltd	Dixons Group
American Express	Dresdner Kleinwort Wasserstein
Amoco Foundation, Inc	EMI Group plc
Andersen	Ernst & Young
Argos plc	Exxon Mobil
AstraZeneca	
Bank of America	GlaxoSmithKline plc
Bank of England	Goldman Sachs
Bank of Scotland	Guardian Royal Exchange plc
Barclays Bank plc	HSBC
Barclays Capital	
Barclays Group	Invensys
BOC Group plc	
Boston Consulting Group	JPMorgan & Co Inc
BP	
Bradford and Bingley plc	Kingfisher plc
Bristol-Myers Squibb	
British Telecommunications plc	KPMG
Cable & Wireless	Littlewoods Organisation
C & A Stores	
Camelot Group plc	McKinsey & Co
Capital International Research	Merrill Lynch Mercury
Centrica plc	Microsoft Corporation Inc
Chase Manhattan	Moody's Investors Services Ltd
Citibank Group	Morgan Stanley Dean Witter



Coutts Bank

National Grid Transco
National Power plc
National Westminster Bank plc
Northern Electric plc
Norwich Union plc

Pearson
Pfizer
Proctor & Gamble

Reuters
Robert Fleming & Co
Royal Bank of Scotland Group plc

Schroders plc
Scottish and Southern Energy plc
Seaboard
Shell

Sigma Securities
SIT Investment Associates Foundation
Sky Broadcasting
Stagecoach Holdings plc
Standard & Poor's

Tesco plc
Texaco
Thames Water
The Economist Group

UBS Warburg

Vodafone

Warner Music International
William M Mercer

If you think your company would be able to match give, the process is usually quite easy with completing a form from your HR department.

FOSH would like to welcome all of the new parents/carers and children in and we hope to see some of you at the FOSH AGM in September.

Please take a look at the FOSH website at www.warefosh.co.uk and if you want to contact FOSH please send a email to warefosh@gmail.com

We look forward to working with you all next year.

Kind regards,

FOSH