





Head lice myth buster				
Myth or truth	 State of hair	 Length of hair	 Spread of lice	 Itchy scalp?
<b>Myth</b>	Prefer clean hair	Prefer long hair	Jump and can spread via clothes/towels	Always means itchy scalp
<b>Truth</b>	Infect both clean and dirty hair	Infect all lengths and types of hair	Walk from head to head	Only itches if allergic to bites/faeces

## Head lice – a summary

- **Head lice** aren't pleasant, but they are **harmless**
- You can only catch them through **head-to-head contact** with an infested person
- **Detection combing** should be carried out **every week**
- If **live head lice** are found, buy an **effective treatment** and treat all infected family members at the same time
- If **no head lice** are found, make sure you **prevent head lice** by avoiding head-to-head contact



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