



Sacred Heart

RE Newsletter

Spring 2 2025

'Be the light to those around you!'



Dear Parents,

The word Lent comes from an old English word that means 'lengthen' and refers to the turning of Winter into Spring when the days lengthen and the cycle of life is renewed once more. There is more sunlight, birdsong is more noticeable, spring bulbs are in bloom and trees are beginning to show signs of coming to life. These signs of new life are echoed in the season of Lent through which the Church bids us to reawaken and refocus on tending to the Lord who calls us 'come back to me, with all your heart'. The journey of Lent is a journey towards the new way of living that Jesus, through the Holy Spirit, promised to us through the power of our most celebrated season – Easter.

We tend to celebrate Christmas as if it's the most important time in the Church's year, but the Resurrection of Jesus is the most important event for Christians. When Christians say that their hope is in the risen Jesus, they mean it is their greatest hope. When Jesus rose on the first Easter morning, it was a brand new kind of life. He promises this same life to all who hope in him. No wonder that Easter is the greatest feast!

Dates from the Church's Calendar:

Month of February- **LENT**

1st March- St. Davids Day

5th March – Ash Wednesday

17th March- St. Patrick's Day

19th March- Feast of St. Joseph

25th March – The Annunciation of the Lord

School Spiritual Dates

Wednesday 5th March - Ash Wednesday Service 11.00 a.m.

Wednesday 19th March- Year 6 Reconciliation

Thursday 20th March – Year 3 and 4 Reconciliation

Wednesday 26th March- Year 5 Reconciliation

Wednesday 2nd April- Seder Meal Years 3 and 4

KS1/ EYFS- Easter Liturgy

Thursday 3rd April- Year 5&6 attend Mass at Church and Stations of the Cross

Mini Vinnies- Years 3 and 4

School Chaplaincy Team- The team will be preparing a liturgy to share with chaplaincy teams from the other TRUST schools, as well as, Key Stage Assemblies and organising prayer sessions for groups of children this term.

Reception- Branch 4, Desert to Garden

HEAR	BELIEVE	CELEBRATE	LIVE
<p>Lent is a time to care for others.</p> <p>Jesus died on a cross. It is a sad time.</p> <p>Jesus was given new life by God his Father. Jesus rose and everyone celebrates.</p> <p>Love God and love everyone (Great commandment) ...</p> <p>A simplified version of key events of Holy Week especially Good Friday and Easter Sunday (to enable pupils to recognize key events) The great commandment.</p> <p><i>Lk10:25-28</i></p>	<p>Caring for others in Lent.</p> <p>Jesus died on a cross. Jesus rose and we celebrate.</p> <p>Listen to and talk about the season of Lent and Easter</p> <p>Jesus died on Good Friday and rose again on Easter Sunday</p> <p>Easter is a celebration that Jesus is with us still.</p> <p>Easter celebrates new life.</p> <p>Simple Religious symbols in Lent and Easter</p>	<p>Simple signs of Lent – colour purple, seeds, growing.</p> <p>Simple signs of Easter – colour white, growth, Easter Garden</p> <p>The Church uses Purple and Ashes as signs of Lent and being sorry.</p> <p>Representations of Holy Week and Easter: Palms, The cross</p> <p>Easter Gardens, and symbols of New life</p>	<p>Care for others.</p> <p>Celebrate with signs and symbols – Hot Cross Buns, garden growth, Easter eggs, Various cultures celebrate Lent and Easter in different ways:</p> <p>For example, Pancakes, Hot Cross Buns, Easter eggs</p> <p>Trying to help others by what we do in Lent..</p> <p>CST Every single person on earth needs these things: food, water, work, clothes, a home, a school, and a doctor. Some people have what they need, but many people don't. Jesus wants the people who already have what they need to help these others. Jesus wants us to take care of this.</p>

Year 1- Branch 4, Desert to Garden

HEAR Pupils will have encountered the following key texts	BELIEVE pupils will know that the Church teaches	CELEBRATE pupils will know	LIVE pupils will know
<ul style="list-style-type: none"> • Jesus enters Jerusalem (Lk 19:28-38) • Jesus teaches in the temple (Lk 19:47-48) • The widow's mite (Lk 21:1-6) • The last supper (Lk 22:7-23) • The Crucifixion and death of Jesus (Lk 23:33-46) • The angel's message (Lk 24:1-8) <p>For Lent:</p> <ul style="list-style-type: none"> • Jesus is tempted in the desert for 40 days (Lk 4:1-13) 	<ul style="list-style-type: none"> • That Lent is a special time for praying, fasting, and helping others as Jesus taught us to do. • Jesus died and rose again. 	<p>Some simple words, actions, and symbols from the Ash Wednesday liturgy and the Palm Sunday liturgy.</p> <ul style="list-style-type: none"> • Lent is when Christians prepare for Easter by thinking about how they could be closer to God by praying, giving up things that are not needed (fasting), and giving to those in need. • Experience music or art that reflects how Christian communities in another part of the world celebrate Lent and the last week of Jesus' life. 	<ul style="list-style-type: none"> • Fasting in Lent is a way of giving things up to help others and for Catholics, CAFOD Family Fast Day is a way of responding to this call. • Fasting, praying, and giving to others are ways of following Jesus' example

Year 2 – Branch 4, Desert to Garden

HEAR Pupils will have encountered the following key texts	BELIEVE pupils will know that the Church teaches	CELEBRATE pupils will know	LIVE pupils will know
<p>Jesus enters Jerusalem (Lk 19:28-38*)</p> <ul style="list-style-type: none"> • The last supper (Lk 22:7-23*, 28-34) • The Crucifixion and death of Jesus (Lk 23:33-46*) • The angel's message (Lk 24:1-8*) • Peter at the tomb (Lk 24:9-12) <p>*Texts studied in Year One</p>	<ul style="list-style-type: none"> • That Jesus gave us the Sacrament of Reconciliation to heal and restore our friendship with God and through this ourselves. • That Lent is a time of preparing our hearts and minds for Easter through reconciliation and forgiveness. • The Easter Vigil Mass is the high point of the year and is rich in symbols of light and darkness. 	<ul style="list-style-type: none"> • Some prayers and actions that are ways in which Catholics turn back to God, in the Sacrament of Reconciliation, for example, a simple Examen or an act of sorrow and in the Penitential rite, for example, the Kyrie Eleison (Lord have Mercy). • Some simple words, actions, and symbols of the Easter Vigil, focusing on light and water. 	<ul style="list-style-type: none"> • The importance of saying sorry to God and to others. <ul style="list-style-type: none"> • That prayer can help people say sorry for their sins. • That making bad choices damages relationships and damages them.



Year 3 – Sacrament of Reconciliation

“During his public life Jesus not only forgave sins, but also made plain the effect of this forgiveness: he reintegrated forgiven sinners into the community ... from which sin had alienated or even excluded them. A remarkable sign of this is the fact that Jesus receives sinners at his table.”

Catechism of the Catholic Church

The children will develop their understanding that Jesus called people to change, to turn away from sin and receive the love of God. They will learn that it is not always easy to change and find out about some individuals who changed through the help of Jesus.

They will learn that the Sacrament of Reconciliation is a celebration of God's love and forgiveness and begin to learn an Act of Sorrow. They will learn that Lent is a time to change in order to prepare for Easter.

At home

You could help your children by:

- thinking about how Jesus changes our lives
- reading the story of Zacchaeus
- going online to www.tere.org/interactive_site/KS2link.htm and complete the interactive activities.

Year 4 – Jesus the Saviour

Jesus “is truly God and, as a man, truly human. His life, death and resurrection are the central event of all human history and at the heart of faith. His cross is the sign of his unique offering of himself for each and every human being.”

Religious Education Curriculum

Directory

Year 4 will learn that Jesus is truly God and truly human and learn that Jesus came to share our life so that we can share his life. They will learn that when Jesus died on the cross he took away our sins, and learn what happened in Holy week.

At Home:

You could help your children by:

- reading the stories of Jesus’ last week with them
- visiting church during Holy Week

Year 5 – Reconciliation

“There is no limit to God’s grace, nor to God’s mercy and forgiveness when we fail. Reconciliation is a sacrament of healing. Reconciliation makes present Jesus’ call to conversion, involves contrition for our sins, confession of them to a priest, and absolution spoken by the priest in the name of Jesus Christ. In the celebration of the sacrament we acknowledge (confess) God’s holiness and mercy and are reconciled to God and the community of the Church.”

Religious Education

Curriculum Directory

Year 5 will learn that sin is a failure of love and learn that when we sin we hurt ourselves and others and damage our relationship with God. They will learn what happens during the Sacrament of Reconciliation and how to receive it.

At Home

You could help your children by:

- talking to them about what strengthens their friendships
- reading the stories of Jesus’ last week with them

Year 6 – Jesus, the Messiah

Jesus’ life, death and resurrection are the central event of all human history and at the heart of faith. His cross is the sign of his unique offering of himself for each and every human being. As truly God, Jesus reveals the truth and love of God; as truly human, Jesus reveals the perfect response to God and intimate communion with his Father – ‘Abba’.”

Religious Education Curriculum Directory

Year 6 will learn that Jesus healed many people, brought others back to life and that His miracles led many to believe that he was the Son of God. They will learn that Jesus’ enemies plotted to have him arrested and learn about the arrest and the trial before the high priest. They will learn about Jesus’ trial before Pilate and learn that Jesus was condemned to death and crucified. They will also learn what Jesus said before he died and about His resurrection. The children will have the chance to reflect on the miracles of Jesus. They will have the opportunity to make the Stations of the Cross. They will also reflect on the meaning of the passion, death and resurrection of Jesus for us today.

At Home

You could help your children by:

- discuss what they have found out in class and how it will affect their life.
- look at the Stations of the Cross and talk about their relevance for us today.

