

PSHE AT SACRED HEART



Mutual respect is encouraged throughout all PSHE lessons within the classrooms. Children are taught to be respectful and be tolerant of other societies and beliefs. They study their own behaviour through the case studies in Jigsaw and how others may have different challenges.

Throughout the PSHE curriculum children have opportunities to debate. They are given different scenarios and questions to think about and how their lives can be affected by where they are from. Children learn about and understand how democracy and having a voice benefits the school community. Children will know that they and all children have rights (UNRC)

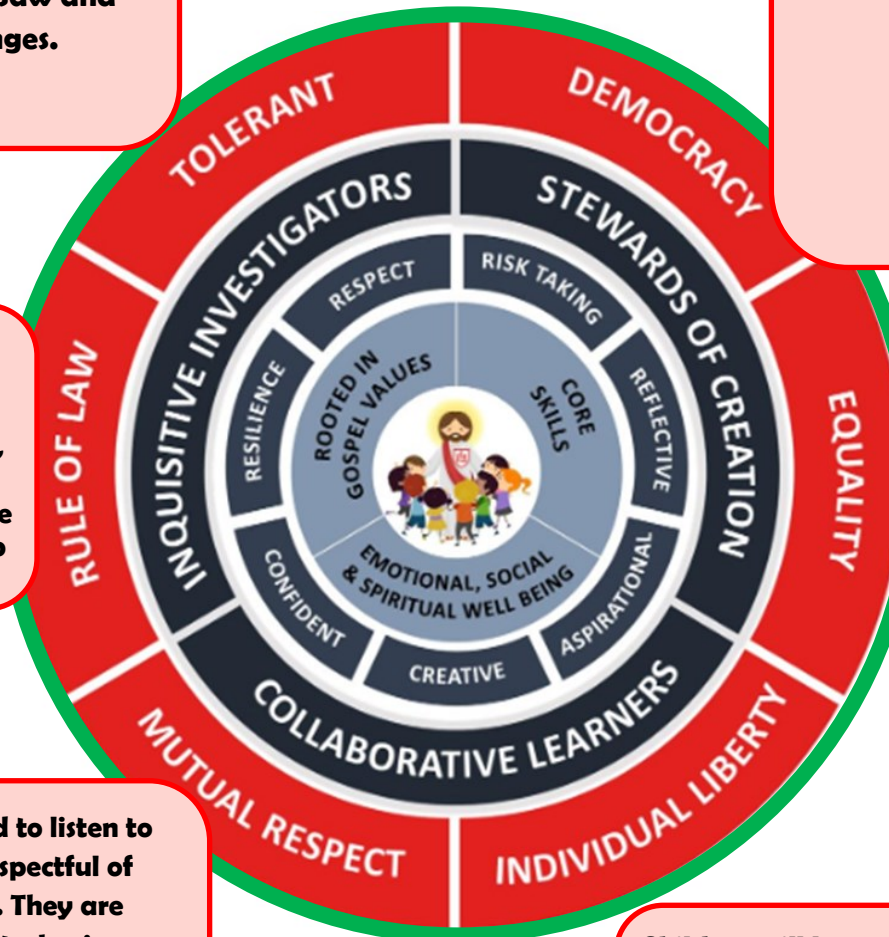
Children are taught about keeping themselves and others safe. They learn to know that there are rights and responsibilities in an online community, social network or online game. Children will learn that sometimes there are leaders and followers in a group

We develop empathy in individuals and ensure we provide equality of opportunity and freedom from discrimination for all. Children will learn to know that difference can be a source of celebration and conflict. They will learn that people are unique and it is OK to be different. They will understand that children from different cultures may have different goals and dreams.

In all lessons children are encouraged to listen to the discussions of others and to be respectful of their peer's opinions and arguments. They are taught to discuss with mutual respect, sharing ideas in a safe environment.

Children will learn about the rights of the child UNRC and will debate how this protects children.

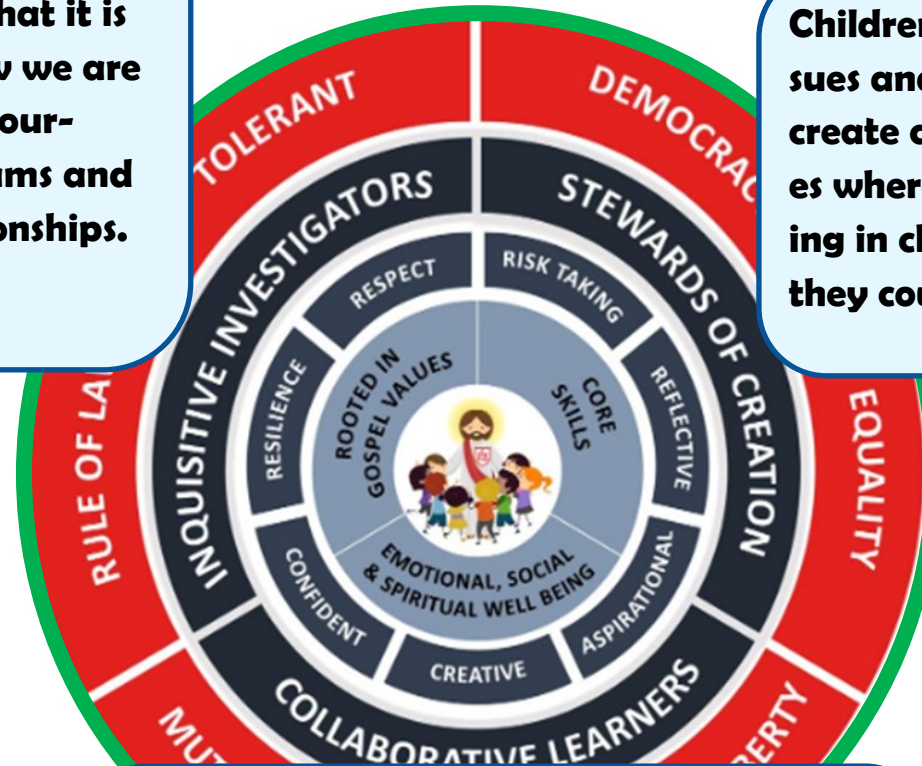
Children will have the right to discuss all scenarios used in the Jigsaw programme and how they would approach different situations. Children will express their opinions in all lessons.



_PSHE_AT SACRED HEART



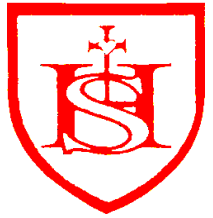
Through the years at Sacred Heart children will become inquisitive investigators by thinking about what it is like being in their world, how we are all unique, how we can keep ourselves healthy, what our dreams and goals are and varying relationships.



Children will reflect on various global issues and how they can use their goals to create change. They will investigate places where people may be suffering or living in challenging situations and what they could do to change this.

We provide our pupils with the opportunities to develop their enquiry and investigative skills. This is done by collaboratively working in teams or working 1:1 with their peers.

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Through the teacher modelling ideas and ways of working students are expected to show respect of others as well as having respect for themselves and value what they have to offer.

All children are encouraged to 'have a go' at all activities and to have a good growth mind-set. They are able to grow within the PSHE curriculum and are not afraid to question outcomes if they feel they are not correct.



The children through growth mind-set should be able to draft and re-draft their work enabling them to produce a better version of the work without feeling that their work is not valued. We prepare our children for an exciting but unknown future with the empathy and resilience they need to succeed.

Children are taught to reflect on the work they have done either through peer assessment or feed forward marking. Using editing skills learned via cross curricula activities they are able to become reflective learners and to understand the value of this skill.



Children should feel confident in their learning and their opinions.



Children should be inspired by the teaching of all areas of the PSHE curriculum. A high-quality PSHE education will help pupils gain a coherent knowledge and understanding of how they can impact the world around them. It should inspire pupils' to want to make change.



Children should have creative ways in which PSHE is taught. Teachers teach a creative curriculum which has a great impact on the learning of PSHE.



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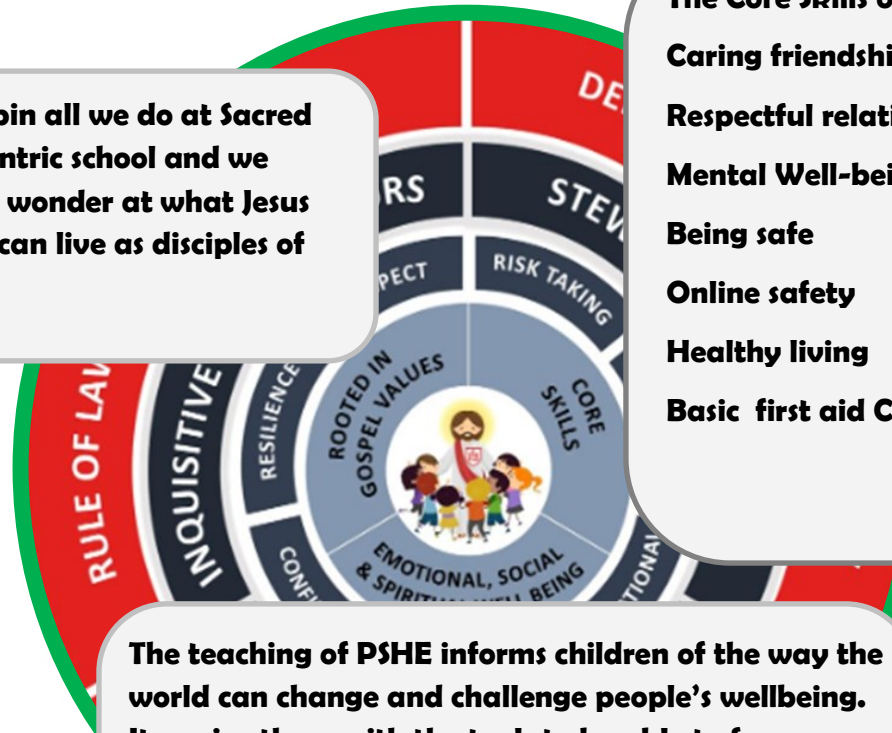


The Gospel Values underpin all we do at Sacred Heart. We are a Christ centric school and we teach skills to discuss and wonder at what Jesus means to us and how we can live as disciples of Christ.

The Core Skills of the PSHE curriculum are:

- Caring friendships**
- Respectful relationships**
- Mental Well-being**
- Being safe**
- Online safety**
- Healthy living**
- Basic first aid**
- Changing bodies**

The teaching of PSHE informs children of the way the world can change and challenge people's wellbeing. It equips them with the tools to be able to focus on their Emotional, Social & Spiritual Well Being. We develop a pride and sense of social, moral, spiritual and cultural identity in order to shape and define who we are.



SUBJECT INTENT

PSHE



At Sacred Heart history education is fully inclusive to every child.

Our aims are to fulfil the requirements of the National Curriculum for PSHE; building on each year of their understanding of who they are and how they fit, respect for similarity and difference aspirations how to achieve goals and understanding emotions that go with this, being and keeping safe and healthy, building positive , healthy relationships, and coping positively with change.



Intent— We aim to...

Give children an understanding of what a healthy relationship looks like

Help children to understand how to keep themselves safe

Explore ways in which we are similar and different and how we can celebrate this

Understanding that our dreams and goals can have a positive impact on the world and how we can change things that are unfair or unjust.

Guide children in thinking about who they are and where they fit in the world.



Implementation — How we will achieve our aims...

Consistent & systematic approach

To ensure high standards of teaching and learning in PSHE, we implement a curriculum that is progressive throughout the whole school. PSHE is taught weekly and is the sole focus of the two days back to school after each term. At Sacred Heart, we ensure that PSHE has the same importance given to it as the core subjects, as we feel this is important in enabling all children to gain the skills they need to become a valued member of the community.

Strong teaching

Pupils are taught PSHE using 'Jigsaw' which is a spiral, progressive scheme of work, covering all of the above and 'aims to prepare children for life, helping them to know and value who they are and understand how they relate to other people in this ever-changing world'. There is a strong emphasis on emotional Literacy, building resilience and nurturing mental and physical health. It includes mindfulness to allow children to advance their emotional awareness, concentration and focus. It also identifies links to British Values, and SMSC and is taught in such a way as to reflect the overall aims, values, and ethos of the school.

Wider curriculum

We believe that focusing on developing a 'Growth Mindset' in our children will help them to build resilience, independence and confidence; embrace challenge; foster a love of learning; and increase their level of happiness. We do this through the language we use in class, praising children for their efforts, and using language to encourage children to change their way of thinking. This supports both our school and PSHE aims and values, and we focus on Growth Mindsets in all aspects of school life. PSHE, including SMSC and BV, is an integral part of the whole school curriculum, and is therefore often taught within another subject area. Visitors such as emergency services and the school nurse complement our PSHE curriculum to offer additional learning. We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. We challenge all of our pupils to look for opportunities to show the school values of faith, hope and love. Assemblies are linked to PSHE, British Values and SMSC and cover any additional sessions that would benefit the whole school.

Progression

EYFS - In the Foundation Stage, PSHE and citizenship is taught as an integral part of topic work and is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from 'Development Matters in the EYFS' and the PSED Early Learning Goals. Reception also uses the Jigsaw Scheme of Work materials. (see below)

Key Stage 1 and Key Stage 2 - At Key Stage 1 and 2, PSHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum. We ensure we cover the Health and Well-Being, Relationships and Living in the Wider World Learning Opportunities set out in the PSHE Association's Programme of Study, which comprehensively cover the statutory Health Education and Relationships Education guidance.

Impact — How we will know we have been successful...

Impact

By the time our children leave our school they will:

- be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life
- be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society
- appreciate difference and diversity
- recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty
- be able to understand and manage their emotions
- be able to look after their mental health and well-being
- be able to develop positive, healthy relationship with their peers both now and in the future.
- understand the physical aspects involved in RSE at an age appropriate level
- have respect for themselves and others.
- have a positive self esteem